

# MATERIALS LIST



Please get in touch if you are unsure about any of the art materials listed below by emailing [info@adriancooke.ie](mailto:info@adriancooke.ie) or calling me on +353 (0)87 660 9644.

## FIGURE DRAWING & PAINTING STUDIO COURSE

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### Oil Painting Materials

#### SUPPORTS & DIGITAL PRINTS

Canvas, paper and basic supplies will be provided. Everything else, you will need to bring yourself.

Please don't worry if you don't have all of these art materials. One of the course objectives is to explain, demonstrate and recommend what materials you should acquire and why.

#### OIL PAINTS

These are the most commonly used pigments. I have tried to keep this list as economical as possible. The first row are essential colours and the second 'Extras' row are useful extra colour options.

##### Oil Paint Colours

Reds	Yellows	Blues	Greens	Neutrals
<ul style="list-style-type: none"><li>• Cadmium Red</li><li>• Alizarin Crimson</li></ul>	<ul style="list-style-type: none"><li>• Cadmium Yellow</li><li>• Lemon Yellow</li><li>• Yellow Ochre</li></ul>	<ul style="list-style-type: none"><li>• Ultramarine Blue</li><li>• Cobalt Blue</li></ul>	<ul style="list-style-type: none"><li>• Viridian</li><li>• Sap Green</li></ul>	<ul style="list-style-type: none"><li>• Titanium White</li><li>• Ivory Black</li><li>• Burnt Umber</li></ul>

##### Extras

<ul style="list-style-type: none"><li>• Vermilion</li></ul>	<ul style="list-style-type: none"><li>• Chrome Yellow</li><li>• Cadmium Orange</li></ul>	<ul style="list-style-type: none"><li>• Cerulean Blue</li></ul>	<ul style="list-style-type: none"><li>• Chrome Green</li></ul>	<ul style="list-style-type: none"><li>• Raw Umber</li></ul>
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# MEDIUMS & SOLVENTS

Solvent, as the name suggests, *dissolves* a solute (or the oil paint). Medium, again as the name suggests, *carries* or acts as a vehicle for the paint.

Mediums	Solvents (Odourless)	Driers (Optional)
Linseed Oil Liquin (Optional)	Mineral Spirits or Turpentine	Cobalt Siccative or Drier

# BRUSHES

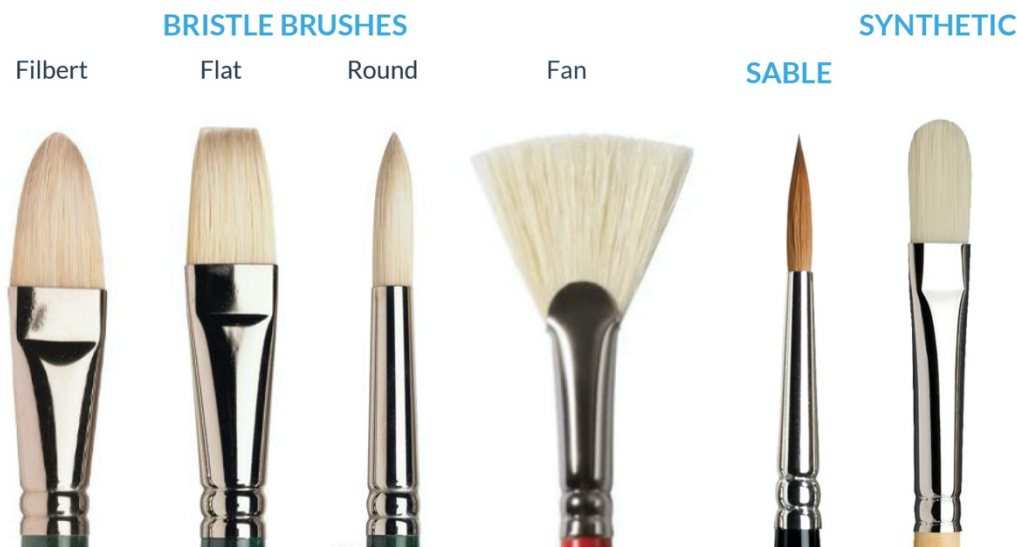
## Types of Brushes

Brushes fall into three different material categories: hog bristle, sable, and synthetic.

- Bristle brushes consist of stiff hair making them ideal for big and heavier brushwork in the early and middle stages of a painting.
- Sable brushes like Kolinsky are used for finer work – they're softer and tend to be used as your painting becomes more detailed and nuanced
- Synthetic brushes, like sable, will be used in the late stages of your painting when subtle blending is required

## Brush Shapes

Rounds, flats, filberts and fans make up the most common brush shapes. There are also riggers, brights and mops.



## Suggested Brushes

### Shapes, Sizes & Quantities

You will need a variety of brushes. I would recommend that you definitely have the following:

- One large (size 10 or 12) bristle filbert
- Three or four medium-sized bristle filberts
- Several medium-sized synthetic rounds and filberts (sizes 4, 6 and 8)
- Several smaller sable or synthetic rounds (sizes 0, 1, 2 and 4)
- One medium-sized (size 4 or 6) synthetic fan brush

## Brush Brands

There are many brands on the market, varying in price and quality. All of your brushes don't need to be expensive. I have some very cheap synthetic Taklon brushes as well as very expensive brands like Kolinsky sable brushes. Here are some of the brands that I use:

- Rosemary & Co.
- Kolinsky
- Da Vinci Maestro
- Princeton Catalyst Polytip
- Winsor & Newton Monarch
- Daler & Rowney Graduate
- Royal & Langnickel

## ACCESSORIES

Below is a list of essential and optional accessories you will need.

### Essential Items

<b>Palette</b>	You can use glass, wood, plastic or disposable for oil and acrylic painting. The best standard is the oval-shaped wooden palette with thumb hole. If you are using any other type of palette, just make sure that it isn't white.
<b>Palette Knife</b>	The palette knife should be medium-sized and with a crank in the handle.
<b>Palette Cups</b>	Convenient for holding small amounts of solvent and medium on the palette, rather than constantly reaching to your work table.
<b>Mahlstick</b>	You will absolutely need a mahlstick, which braces your painting hand and prevents you from touching the wet paint and also stabilises your hand for detailed work. You can make your own mahlstick by taking a long $\frac{3}{4}$ inch dowel, wrapping a ball of newspaper in tape at one end of the stick.
<b>Knitting Needle or Skewer</b>	For taking measurements – angles and distances.
<b>Paper Towel or Rag</b>	Absolutely essential. This should be in your hand at all times.
<b>Glass Jar(s)</b>	For mediums and solvents.
<b>Tape</b>	Magic Tape, Scotch 3M, Masking Tape

# Charcoal Drawing Materials

## PAPER

Paper will be provided but if you want to buy or bring your own paper, here are some recommendations.

### Multi-Purpose Drawing & Sketching Paper Recommended Brands

- Gerstaecker No. 5 Universal Block Multi-Techniques
- Stonehenge (Colour: White or Warm White)
- Fabriano Disegno Sketchpad

### Canson Mi-Teintes Paper for Pastel or Charcoal

Canson Mi-Teintes is great for charcoal drawing. It's double-sided – the front is smoother and the back is rough or textured.

Canson Mi-Teintes Colours:

- Cream, Oyster or Eggshell colours
- Cloudy White or Pale Yellow colours

The easiest solution is to buy an A3 size pastel paper pad with a range of coloured papers.



## CHARCOALS

You will need the following charcoal and pencils, and I've recommended specific brands, which are optional:

Graphite Pencils	Recommended Brands
<ul style="list-style-type: none"><li>• Fusain H, HB, B Charcoal Pencils</li><li>• General's Charcoal Pencils</li><li>• Nitram Charcoal H, HB, B and B+</li><li>• Willow Charcoal</li><li>• Compressed Charcoal</li><li>• White Charcoal</li><li>• Conté White Pencil</li></ul>	<ul style="list-style-type: none"><li>• Conté à Paris</li><li>• General's</li><li>• Nitram</li></ul>

## ERASERS

Putty / Kneadable & Plastic	Recommended Brands
<ul style="list-style-type: none"> <li>• Putty or Kneadable Eraser</li> <li>• Plastic Eraser</li> </ul>	<ul style="list-style-type: none"> <li>• Prismacolor, Sandford, or Faber-Castell</li> <li>• Staedtler Mars Plastic or Caran d'Ache Artist</li> </ul>

A kneaded eraser, like Prismacolor, is a must. You should be able to knead it into long strings. This gentler and softer on the paper. You can also roll it into a sausage shape to lighten a whole pass evenly.

A white gum or plastic eraser, like Staedtler Mars Graphite, is also necessary when you need to completely erase something, although it is harder and more aggressive on the paper. To keep your eraser clean and sharp, you should cut off any blunt or dirty parts.

## ACCESSORIES

For Pencils, Sharpening, Cleaning, Etc.	Recommended Brands
<ul style="list-style-type: none"> <li>• Charcoal Holders or Extenders</li> <li>• Sanding Block</li> <li>• Craft Knife</li> <li>• Bristle and Synthetic Brushes</li> <li>• Tortillions, Torchons and Paper Stumps</li> </ul>	<ul style="list-style-type: none"> <li>• Caran d'Ache, General's or Jackson's</li> <li>• Faber-Castell (2 grades of sandpaper plus sponge)</li> <li>• X-acto or Tactix</li> </ul>

For Measuring & Support	
<ul style="list-style-type: none"> <li>• Knitting needle</li> <li>• Mahlstick</li> </ul>	<ul style="list-style-type: none"> <li>• Plumblin</li> <li>• Black Hand Mirror ... you can use a smartphone</li> </ul>

For Paper	Recommended Brands
<ul style="list-style-type: none"> <li>• Tracing Paper A4 and A3 sizes</li> <li>• Tape</li> <li>• Masking Tape</li> </ul>	<ul style="list-style-type: none"> <li>• Clairefontaine, Canson or Create</li> <li>• Magic Tape or Scotch 3M</li> </ul>

For Storage	Recommended Brands
<ul style="list-style-type: none"> <li>• Crystal Paper ... for protecting drawings</li> <li>• Archival Folders</li> </ul>	<ul style="list-style-type: none"> <li>• Clairefontaine</li> </ul>