

MATERIALS LIST

ADRIAN
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Please get in touch if you are unsure about any of the art materials listed below by emailing info@adriancooke.ie or calling me on +353 (0)87 660 9644.

LANDSCAPE PAINTING: EN PLEIN AIR & STUDIO WEEKEND WORKSHOP

THE FOLLOWING WILL BE PROVIDED

The following materials and equipment will be provided as part of the workshop fee. If you would prefer to bring your own easel – perhaps a pochade box easel – then I would recommend that you do. Equally, if you have a preference in terms of canvas boards and sizes, then you are welcome to bring your own.

Supports	Equipment	Accessories & Extras
<ul style="list-style-type: none">Canvas	<ul style="list-style-type: none">Easels (or you can bring your own, perhaps a pochade easel, if you wish)Boards	<ul style="list-style-type: none">Glass jarsViewfindersOdourless Minerals SpiritsSmall TablesPortable Plastic Chairs

Field easel (left)
provided



Or if you have a
pochade box easel
(right), you might
wish to bring this
instead



WHAT YOU WILL NEED TO BRING

You will need to bring the following items yourself. Please note that you only need to bring the paint and materials that are relevant to your painting medium i.e. oil or acrylic.

PAINTS

A useful tip is to bring half-empty tubes of paint rather than carrying brand new full tubes.

Oil & Acrylic Colours	
<ul style="list-style-type: none">• Titanium White• Ivory Black• Burnt Umber• Raw Umber• Yellow Ochre• Lemon Yellow• Cadmium Yellow	<ul style="list-style-type: none">• Cadmium Orange• Alizarin Crimson• Cadmium Red• Cobalt Blue• French Ultramarine Blue• Viridian• Sap Green

MEDIUMS & SOLVENTS FOR OIL PAINTS

A good idea is to bring just a small bottle of each of these in order to reduce weight.

Mediums	Solvents	Driers
<ul style="list-style-type: none">• Linseed Oil• Liquin – speeds up drying time (optional)	<ul style="list-style-type: none">• Odourless Mineral Spirits• Turpentine	<ul style="list-style-type: none">• Cobalt Siccative – also known as Cobalt Drier (optional)

BRUSHES

For Oil & Acrylic	
<ul style="list-style-type: none">• Sizes 10 or 12 Flat Bristle Brush, for the background (optional but the bigger the brush the more even and quicker the application of paint)• Sizes 4 to 6 Filbert Bristle Brushes, for most of the work	<ul style="list-style-type: none">• Sizes 0, 1 and 2 Round Sable Brushes, for detail• Soft Synthetic Brushes for blending

ACCESSORIES

Essential Items	Description
Umbrella	Absolutely essential, and preferably white, to provide some relief from strong sunlight and also as a rain barrier should we experience occasional showers.
Appropriate Clothing	For all weather conditions, especially wet gear.
Sun Protection	In the case of hot sunny weather.
Basic Supplies	Water and snacks.
Drawing Tools	Charcoal and / or Graphite pencils: 2H, HB and 2B. Putty and / or Plastic Erasers.
Sketchbook	Small A5 size sketchbook.
Camera or Smartphone	To take some photo references of your outdoor scene.
Palette for Oil or Acrylic	You can use glass, wood, plastic or disposable for oil and acrylic painting. The best standard is the oval-shaped wooden palette with thumb hole. If you are using any other type of palette, just make sure that it isn't white.
Palette Knife	The palette knife should be medium-sized and with a crank in the handle.
Palette Cups	Convenient for holding small amounts of solvent and medium on the palette, rather than constantly reaching to your work table.
Knitting Needle or Skewer	For taking measurements – angles and distances.
Paper Towel or Rag	This should be in your hand at all times.
Tape	Magic Tape, Scotch 3M, or Masking Tape.
Small Disposable Bottles	For carrying solvents, mediums, and water.

USEFUL EXTRAS

Essential Items	Description
Black Hand Mirror	Using your smartphone or a hand-held mirror, look straight up or down, to the left or to the right, to see the reverse true image of what you're working on. This is a useful way of tricking the eye when it becomes tired or biased. Any piece of reflective piece of glass, welding glass, or glass painted black will work, and help you assess values.
Mahlstick	You will need a mahlstick, especially if you decide to work large. This braces your painting hand and prevents you from touching the wet paint and also stabilises your hand for detailed work. You can make your own mahlstick by taking a long ¾ inch dowel, wrapping a ball of newspaper in tape at one end of the stick.
Calipers	For taking measurements – distances.
Disposable Gloves	If you wish to protect your hands from paint, medium and solvents.